

THE ULTIMATE LITTLE KIDS packing list

4-7 YEARS

Everything your little one needs for
an easy, fun, stress-free trip! ♥



CLOTHING

- ☐ Mix-and-match outfits
- ☐ 1-2 extra outfits
- ☐ Pajamas
- ☐ Underwear
- ☐ Socks
- ☐ Sweatshirt or light jacket
- ☐ Comfortable walking shoes
- ☐ Sandals
- ☐ Swimsuit
- ☐ Sun hat
- ☐ Laundry / wet bag



THEIR BACKPACK

- ☐ Small backpack they can carry
- ☐ Refillable water bottle
- ☐ Favorite snacks
- ☐ Headphones
- ☐ Tablet
- ☐ Small activity
- ☐ Comfort item, if wanted
- ☐ Sweatshirt



ENTERTAINMENT

- ☐ Tablet or Kindle
- ☐ Downloaded shows + movies
- ☐ Downloaded games
- ☐ Kid-friendly headphones
- ☐ Coloring / activity book
- ☐ Crayons or colored pencils
- ☐ Sticker book
- ☐ Small travel games
- ☐ Favorite book
- ☐ 1-2 small toys



SNACKS + DRINKS

- ☐ Refillable water bottle
- ☐ Favorite snacks
- ☐ Easy travel snacks
- ☐ Snack container
- ☐ Gum or lollipops for flights, if age-appropriate
- ☐ Wipes / napkins
- ☐ One special travel treat



BATH + TOILETRIES

- ☐ Toothbrush + toothpaste
- ☐ Shampoo + body wash
- ☐ Hairbrush / comb
- ☐ Hair ties / clips, if needed
- ☐ Lotion
- ☐ Sunscreen
- ☐ Insect repellent when appropriate



HEALTH + SAFETY

- ☐ Prescription medications
- ☐ Children's medications you normally use
- ☐ Thermometer
- ☐ Bandages
- ☐ Small first-aid kit
- ☐ Health insurance information
- ☐ Emergency contact information



TRAVEL GEAR

- ☐ Car seat / booster seat, as appropriate
- ☐ Lightweight stroller, if still needed
- ☐ Car-seat travel bag
- ☐ Child's backpack
- ☐ Travel pillow
- ☐ Lightweight blanket
- ☐ Luggage tag



BEACH + POOL

- ☐ Swimsuit
- ☐ Rash guard
- ☐ Cover-up
- ☐ Sandals / flip-flops
- ☐ Water shoes
- ☐ Sun hat
- ☐ Sunglasses
- ☐ Sunscreen
- ☐ Goggles
- ☐ Lightweight towel
- ☐ Wet bag



CARRY-ON / TRAVEL DAY

Let them carry some of their own essentials.

- ☐ Extra outfit
- ☐ Water bottle
- ☐ Snacks
- ☐ Tablet / Kindle
- ☐ Headphones
- ☐ Downloaded entertainment
- ☐ Coloring / activity book
- ☐ Small toy or game
- ☐ Comfort item
- ☐ Sweatshirt
- ☐ Medications



DON'T FORGET

- ☐ Birth certificate / passport when required
- ☐ Travel documents
- ☐ Car seat / booster information
- ☐ Chargers
- ☐ Favorite can't-sleep-without-it item
- ☐ Essentials for the first 24 hours



mom tip ♥



LET THEM PACK THEIR OWN BACKPACK.

Give them a few choices for snacks, toys, and activities, then do a quick check before you leave.

MY RULE:
If they can carry it,
they can bring it! ♥