

THE ULTIMATE BIG KIDS packing list

8-12 YEARS

Everything they need for an
awesome trip (without forgetting the basics)! ♥



CLOTHING

- ☐ Mix-and-match outfits
- ☐ 1 extra outfit
- ☐ Pajamas
- ☐ Underwear
- ☐ Socks
- ☐ Sweatshirt or light jacket
- ☐ Comfortable walking shoes
- ☐ Sandals
- ☐ Swimsuit
- ☐ Hat
- ☐ Laundry / wet bag



THEIR BACKPACK

- ☐ Backpack they can carry themselves
- ☐ Refillable water bottle
- ☐ Favorite snacks
- ☐ Headphones
- ☐ Tablet / Kindle
- ☐ Chargers
- ☐ Sweatshirt
- ☐ Book or activity



ENTERTAINMENT + TECH

- ☐ Tablet / Kindle
- ☐ Headphones
- ☐ Downloaded shows + movies
- ☐ Downloaded games
- ☐ Books
- ☐ Travel games / cards
- ☐ Activity or sketchbook
- ☐ Charging cable
- ☐ Portable charger, if needed



SNACKS + DRINKS

- ☐ Refillable water bottle
- ☐ Favorite snacks
- ☐ Easy travel snacks
- ☐ Gum / mints
- ☐ One special travel treat



TOILETRIES

- ☐ Toothbrush + toothpaste
- ☐ Deodorant, if used
- ☐ Shampoo + conditioner
- ☐ Body wash
- ☐ Hairbrush / comb
- ☐ Hair products / accessories
- ☐ Skincare, if used
- ☐ Sunscreen
- ☐ Personal care items



HEALTH + SAFETY

- ☐ Prescription medications
- ☐ Medications they normally use
- ☐ Glasses / contacts
- ☐ Retainer + case
- ☐ Bandages
- ☐ Small first-aid kit
- ☐ Health insurance information
- ☐ Emergency contact information



TRAVEL GEAR

- ☐ Booster seat, if still required
- ☐ Suitcase
- ☐ Personal backpack
- ☐ Luggage tag
- ☐ Travel pillow
- ☐ Lightweight blanket
- ☐ Sunglasses



BEACH + POOL

- ☐ Swimsuit
- ☐ Cover-up / rash guard
- ☐ Sandals / flip-flops
- ☐ Water shoes
- ☐ Sunglasses
- ☐ Hat
- ☐ Sunscreen
- ☐ Goggles
- ☐ Lightweight towel
- ☐ Wet bag



CARRY-ON / TRAVEL DAY

*Their bag.
Their responsibility.*

- ☐ Water bottle
- ☐ Snacks
- ☐ Tablet / Kindle
- ☐ Headphones
- ☐ Downloaded entertainment
- ☐ Charging cable
- ☐ Book / activity
- ☐ Sweatshirt
- ☐ Glasses
- ☐ Medications



DON'T FORGET

Passport / travel documents when required

- ☐ Chargers
- ☐ Retainer
- ☐ Glasses
- ☐ Medications
- ☐ Favorite can't-sleep-without-it item
- ☐ Essentials for the first 24 hours



MOM TIP ♥

Let them pack—you double-check.

Give them the checklist and let them handle their suitcase and backpack. Before you leave, do one quick check for the easy-to-forget stuff:



TOILETRIES



CHARGERS



MEDICATIONS



DOWNLOADED ENTERTAINMENT



MORE INDEPENDENCE. LESS PACKING FOR MOM. MORE ADVENTURE!

