

THE ULTIMATE BABY packing list

0-12 MONTHS

Everything baby needs for a stress-free trip! ♥



DIAPERING

- ☐ Diapers
- ☐ Wipes
- ☐ Portable changing pad
- ☐ Diaper cream
- ☐ Disposable diaper bags
- ☐ Wet/dry bag
- ☐ Hand sanitizer



CLOTHING

- ☐ Everyday outfits
- ☐ 2-3 extra outfits
- ☐ Pajamas / sleepers
- ☐ Socks
- ☐ Sweater or light jacket
- ☐ Sun hat
- ☐ Swimsuit + swim diaper
- ☐ Bibs
- ☐ Burp cloths
- ☐ Laundry bag



FEEDING

- ☐ Bottles
- ☐ Formula, if needed
- ☐ Breast pump + parts, if needed
- ☐ Milk storage bags
- ☐ Bottle brush
- ☐ Travel bottle soap
- ☐ Portable bottle warmer
- ☐ Nursing cover, if wanted
- ☐ Baby food / pouches
- ☐ Baby spoon
- ☐ Snack cup
- ☐ Sippy cup
- ☐ Disposable or silicone bib
- ☐ High-chair cover / portable seat, if needed



SLEEP

- ☐ Travel crib / confirm hotel crib
- ☐ Crib sheet
- ☐ Sleep sack
- ☐ Pacifiers + extras
- ☐ Portable sound machine
- ☐ Baby monitor, if needed
- ☐ Familiar bedtime item



BATH + TOILETRIES

- ☐ Baby wash
- ☐ Baby shampoo
- ☐ Baby lotion
- ☐ Baby toothbrush, if needed
- ☐ Washcloth
- ☐ Nail clippers / file
- ☐ Hairbrush / comb
- ☐ Baby-safe sunscreen for 6+ months
- ☐ Baby-safe insect protection when appropriate



HEALTH + SAFETY

- ☐ Prescription medications
- ☐ Baby medications you normally use
- ☐ Infant thermometer
- ☐ Nasal aspirator
- ☐ Saline drops
- ☐ Small first-aid kit
- ☐ Health insurance information
- ☐ Pediatrician information



TRAVEL GEAR

- ☐ Car seat
- ☐ Stroller
- ☐ Baby carrier
- ☐ Stroller fan, if needed
- ☐ Stroller rain cover
- ☐ Car-seat / stroller travel bag
- ☐ Portable changing kit
- ☐ Lightweight blanket
- ☐ Small baby toys
- ☐ Teethers
- ☐ Pacifier clips



BEACH + POOL

- ☐ Swim diapers
- ☐ Baby swimsuit
- ☐ Rash guard
- ☐ Sun hat
- ☐ Baby sunglasses, if used
- ☐ Beach / pool shade
- ☐ Lightweight towel
- ☐ Wet bag



CARRY-ON / DIAPER BAG

Keep these with you—never in checked luggage.

- ☐ Diapers for travel day + delays
- ☐ Full pack of wipes
- ☐ Changing pad
- ☐ Diaper cream
- ☐ 2-3 complete outfit changes
- ☐ Extra shirt for parent
- ☐ Bottles / feeding supplies
- ☐ Formula or breast milk
- ☐ Baby snacks / food
- ☐ Bib + burp cloth
- ☐ Pacifiers
- ☐ Small toys + teethingers
- ☐ Sleep sack / comfort item
- ☐ Medications
- ☐ Wet bag / Ziploc bags
- ☐ Lightweight blanket



DON'T FORGET

- ☐ Birth certificate / passport when required
- ☐ Travel documents
- ☐ Car-seat information / labels
- ☐ Hotel crib request
- ☐ Enough essentials for the first 24 hours



MOM TIP

You do not need to pack a vacation's worth of bulky basics. Bring enough diapers, wipes, baby food, and other easy-to-buy items to get through travel day and your first day—then restock when you arrive.

*Pack the hard-to-replace stuff.
Buy the bulky stuff there.* ♥ ♥