

THE FAMILY HOTEL ROUTINE

What to do when you arrive, before bed & before checkout

♥ A SIMPLE ROUTINE FOR EASIER MORNINGS, SMOOTHER BEDTIMES & LESS STRESS



WHEN YOU FIRST ARRIVE

1 SET UP THE ROOM



- ✓ Choose a spot for each suitcase
- ✓ Keep most clothes inside packing cubes
- ✓ Hang anything that wrinkles
- ✓ Put everyone's shoes together near the door
- ✓ Start a dirty-laundry bag
- ✓ Put stroller + larger travel gear out of the way

MOM RULE: Don't completely unpack. Unpack just enough to make the room work for your family.



2 STOCK THE SNACKS



- ✓ Put cold food + drinks in the fridge
- ✓ Fill everyone's water bottles
- ✓ Put snacks together on one counter
- ✓ Set aside easy breakfast foods
- ✓ Keep a few grab-and-go snacks ready for tomorrow
- ✓ Make a grocery stop if staying several nights

EASY HOTEL FOODS

BREAKFAST

Fruit • Yogurt • Muffins
Granola Bars • Cereal
Applesauce

SNACKS

Crackers • Pouches • Pretzels
Fruit • Protein Bars • Popcorn

DRINKS

Water • Juice • Milk
Electrolyte Drinks

MOM TIP: Even when breakfast is included, I still keep a few things in the room for early risers and rushed mornings.

3 GET TONIGHT READY



BATHROOM

- ✓ Toothbrushes + toothpaste out
- ✓ Hairbrush ready
- ✓ Everyday toiletries out
- ✓ Bath products ready for little kids
- ✓ Put tomorrow's sunscreen somewhere easy to grab

BEDTIME

- ✓ Decide where everyone is sleeping
- ✓ Set up crib / Pack 'n Play if needed
- ✓ Put pajamas out
- ✓ Set out sleep sack
- ✓ Grab favorite blanket or lovey
- ✓ Set up sound machine
- ✓ Plug in night-light if you use one

MOM TIP: Do this BEFORE dinner, swimming, or exploring. Coming back to a hotel room that's already ready for bedtime is the best.



4 LEARN THE HOTEL



TAKE A 5-MINUTE FAMILY WALK

Find:

- ☐ Pool
- ☐ Breakfast area
- ☐ Lobby
- ☐ Elevators
- ☐ Ice machine
- ☐ Fitness center
- ☐ Laundry room if needed
- ☐ Hotel market / snack area

Then check:

- ☐ Breakfast hours
- ☐ Pool hours
- ☐ Checkout time
- ☐ Hotel activities
- ☐ Parking situation
- ☐ Where you'll meet rideshare or transportation

TAKE PHOTOS OF:

- ☐ Breakfast hours
- ☐ Pool hours
- ☐ Hotel activity schedule
- ☐ Your room number



5 SET UP TOMORROW



Before officially calling it a night, take two minutes to look at tomorrow's plan.

ASK YOURSELF:

- ✓ What time do we need to leave?
- ✓ What are we doing first?
- ✓ What does everyone need?

THEN GET IT READY.

- ✓ Lay out kids' outfits
- ✓ Pack diaper bag
- ✓ Restock wipes + diapers
- ✓ Pack swimsuits if needed
- ✓ Get stroller ready
- ✓ Put tickets/reservations somewhere easy to access
- ✓ Pack sunscreen
- ✓ Refill snack bag
- ✓ Fill water bottles
- ✓ Check the weather
- ✓ Plug everything in

MOM TIP: If you have an early start, lay out the kids' outfits before bed too.



THE HOTEL CHARGING STATION



Pick ONE outlet area for electronics.

- Phones
- Tablets
- Watches
- Headphones
- Portable chargers
- Cameras
- Stroller fan
- Sound machine

MOM RULE: Nothing gets randomly plugged into outlets around the room. Keeping chargers together also makes them much harder to leave behind.

EVERY NIGHT: THE 5-MINUTE ROOM RESET



- ☐ Dirty clothes into laundry bag
- ☐ Shoes back together
- ☐ Trash picked up
- ☐ Snacks restocked
- ☐ Water bottles filled
- ☐ Devices charging
- ☐ Diaper bag / day bag restocked
- ☐ Tomorrow's outfits ready
- ☐ Quick look at tomorrow's schedule

Five minutes tonight can save so much chaos tomorrow morning.

BEFORE YOU LEAVE THE ROOM EACH MORNING: THE DOOR CHECK



- ☐ Phone
- ☐ Wallet
- ☐ Room key
- ☐ Water
- ☐ Snacks
- ☐ Sunscreen
- ☐ Diapers + wipes
- ☐ Tickets / reservations
- ☐ Stroller
- ☐ Swimsuits
- ☐ Hats
- ☐ Sunglasses
- ☐ Jackets
- ☐ Portable charger
- ☐ Kids' entertainment

Then go enjoy the day!



THE NIGHT BEFORE CHECKOUT

This is when I start packing – not checkout morning.

- ☐ Put all dirty clothes together
- ☐ Pack clothes we won't need again
- ☐ Pack souvenirs
- ☐ Empty drawers + closet
- ☐ Organize toiletries
- ☐ Pack extra shoes
- ☐ Throw away trash
- ☐ Put travel-day outfits aside
- ☐ Leave out ONLY what you'll need tomorrow

KEEP OUT:

- Pajamas
- Tomorrow's clothes
- Toothbrushes
- Basic toiletries
- Chargers
- Kids' bedtime essentials

MOM TIP: By bedtime, I want almost the entire room packed.

CHECKOUT MORNING: THE FINAL HOTEL SWEEP



Before anyone walks out the door, check:

- ☐ Under every bed
- ☐ Between the sheets / blankets
- ☐ Nightstands
- ☐ Drawers
- ☐ Closet
- ☐ Bathroom counter
- ☐ Shower
- ☐ Behind bathroom door
- ☐ Mini fridge
- ☐ Microwave
- ☐ Every outlet
- ☐ Under furniture
- ☐ Balcony
- ☐ Hotel safe

DON'T FORGET THE THINGS WE ALWAYS FORGET:

- Chargers
- Favorite stuffed animals
- Swimsuits hanging to dry
- Food in the fridge
- Kids' tablets
- Water bottles
- Sound machine

THE 10-MINUTE HOTEL ARRIVAL ROUTINE

SAVE THIS PART ↓



THEN YOU'RE DONE.

You don't need to spend the first hour of vacation unpacking. Do the things that will make tonight and tomorrow easier, then go enjoy your trip.

Grab the swimsuits. Find the pool. Vacation officially starts. ♥

THE FINAL MOM RULE ♥

Don't organize the hotel room just to make it organized.

Organize the things that will make your vacation easier.



Less digging.



Easier mornings.



Smoother bedtimes.



Faster checkout.



More time actually enjoying the trip.



PLAN TRAVEL OFTEN
Take it and go.